

**Monthly Message from  
DG Joyce**



**Lions, Lioness' and Leos,**

*We hope you enjoy this issue of our District-Wide Newsletter - there is a lot of information that I hope you will find informative and that many of you will consider attending our Fall Convention on November 5<sup>th</sup>.*

**LCI Delinquent Dues**

A new constitutional ruling was approved at the July 2006 LCI Board Meeting affecting clubs with balances exceeding 150 days. The ruling states:

Effective July 1, 2007, any club that has past due balances in excess of US\$20 per member or US\$1000 per club whichever is less, outstanding past 150 days, will be automatically suspended, including the charter, right, privileges, and obligations of the Lions Club for a period not to exceed 90 days. During this time, the club must pay the entire amount billed to the club before the suspension status is lifted. If the club does

not pay this amount in 90 days, the club will be automatically canceled.

This is a critical amendment, because clubs with one per-capita billing outstanding 150 days or longer can be suspended. Clubs are encouraged to pay the full past due balances, regardless of the amount to ensure your club remains in good standing.

This ruling is very aggressive; however, clubs may avoid losing their good status if poor payment trends are immediately addressed. We trust that clubs are interested in remaining active, and will make arrangements to correct their past due condition.

The District Governor and other officers of District 20-0 are available to assist clubs in any way. Please call any of the officers if you have questions or concerns. We trust that all clubs will work hard to protect their good status.

**MD-20 Convention  
April 27-29, 2007  
Saratoga Springs**

As a cost-effective measure, registration forms for the MD-20 Convention will not be mailed to clubs.

The registration form is published in the September Multiple District 20 Lion Magazine and is available for

**District 20-0 Monthly Newsletter  
SPECIAL CONVENTION ISSUE**

printing from the website at [nyslions@cnymail.com](mailto:nyslions@cnymail.com)

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[www.20Olions.com](http://www.20Olions.com)



# The Lions Pride We Serve



Make plans now to attend the MD 20 Convention. Complete the registration and hotel reservation forms as soon as you receive the September issue of the MD 20 Lion and get them mailed.

## DG Joyce Maier Calendar of Events

September 23  
Rhinebeck and

Lumberland Clubs will celebrate 25 Years of Service. Details will be sent from the clubs.

**September 30** MERL Seminar, Camp Badger, Spencer, NY

**October 14** MERL Seminar, NY School for the Blind, Batavia, NY

**October 31** Lenscrafter/Lions Clubs Sight Night: Jeepers Creepers We Need Your Old Peepers

**November** Diabetes Awareness Month

**November 18** MERL Seminar, Brooklyn (location TBD)

**November 5** 20-O Convention, 8 am, Best Western, Poughkeepsie

**November 10** 20-O Cabinet Meeting, 7 pm, Gardnertown Methodist Church

**January 2007** National Glaucoma Awareness Month  
National Eye Health Care Mo.



## VDG John's Corner

Hello Lions, Lionesses and Leos,

### CONVENTION THOUGHTS

If a Lions Club cares about M(membership), E(extension) R(retention), L(leadership), that club should care about sending members to the District 20-O Convention on November 5.

Orienting new members to retain them is important. Let the District 20-O convention help your club. The convention gives them a picture of Lions International above and beyond the local community. The convention gives them an **enthusiasm** for everything Lions are doing as we go from community to community and around the world. At the convention your members are able to rub elbows with members of other clubs without actually having to visit those clubs. Some clubs pay the registration fee to encourage newer members to attend the convention. It would be a worthy endeavor to at least pay a portion to say to your newer members, "We care."

On another note the **officers** of your Lions club

should be going to the convention to keep up with everything that's happening. They will learn about the resources that are available to your local club. They will be up to the moment in knowing to whom you go to get certain questions answered or to get certain results. In some clubs, the local club encourages the officers to attend the convention by paying the registration fee. That's a winner of an idea, besides an excellent way of saying, "Thank you."



**Be sure to bring your club banner to let everyone know that**

**your club is there.** We have the bases and poles, just bring the banner. Let's aim to have 100% of our clubs represented at the District 20-O Convention, November 5, at Best Western in Poughkeepsie this year.

VDG John

## Sight & Hearing What We Do Best

By SC Melanie Wargo and HC Brenda Blair



### Upcoming Meetings:

**9/21 7:00 p.m.**

Dutchess County Hearing  
Copperfield's  
Route 44  
Millbrook



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**9/21 7:00 p.m.**

Ulster County S&H  
Plaza Diner  
Route 299  
New Paltz

**9/28 7:00 p.m.**

Dutchess County Sight  
Copperfield's  
Route 44  
Millbrook

I look forward to seeing you at one of these meetings soon!

*SC Melanie Wargo*

What is odorless, tasteless, invisible, painless and toxic? Noise-Induced Hearing Loss! The good news is that Noise-Induced Hearing Loss (NIHL) is preventable. The bad news is it's irreversible. So what exactly does this mean in how we should handle noise? Basically there are three things to consider about noise: how long, how loud and how close. Each one of us needs to raise his or her awareness to what is damaging noise. We have to recognize what noise is dangerous and then have to have a plan to deal with it. We should help our children and grandchildren in understanding how hearing works and how easily it can be damaged. For example, the use of personal hearing devices such as earphones on a disc player are commonplace, but ..... if someone standing next to you is using an earphone and you can hear the music, then damage is being done. If we, as

responsible adults are supplying children with these devices, then we must recognize the potential danger and teach them to deal responsibly and safely with such gifts.

Workplace noises contribute very highly to NIHL. As this has become better understood, more and more employers have to address this issue. Outside of the work environment, we all remain at risk. While it is extreme noise such as a firecracker experienced at close range that can permanently damage hearing in an instant, the repeated exposure to machine and engine noise such as motorcycles, chain and power saws, and lawn mowers can also erode hearing at a slower pace. The result can be the same whether an impulse noise or continuous, prolonged noise.

What can we do? First recognize the noise that can be damaging. Then be prepared to protect your hearing. Use protection when involved in activities with dangerous noise levels such as recreational shooting, use of power and chain saws, mowing the lawn. Be aware of the others around you and help them understand noise and the potential damage it can do. Always be prepared to protect your hearing by simply carrying ear plugs or other protection.

Remember,

NIHL is irreversible.

*Information and facts courtesy of the  
National Institute on Deafness and  
Other Communication Disorders.*

**WATCH** for more information on NIHL in October's Newsletter.

In Lionism,  
*HC Brenda Blair*

## Glasses and Hearing Aides Tally

### WHAT HAVE WE DONE THIS PAST MONTH



#### Glasses Collected

Lumberland	12
Millerton	2
Pine Plains	130
Port Jervis	25
Sunglasses	3
Stanford	14

#### Hearing Aides Collected

Stanford	2
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#### Eye Exams Provided

None

#### Hearing Aides Provided

None

## We Welcome...New Lions To Our Clubs...

**Catskill Lioness:**

*Trish Lamb*



**Greenwood Lake:** *Steve*

*Wheat*

**Kingston:** *Sally Hendrickson,*

*Nina Postupack*

**Middletown:** *Michael Biondi,*

*Michael Donnelly*

**Millerton:** *Pat Argentina,*

*Ronald LeJeune*

**Monroe:** *John Simonson,*

*Meryl Simonson (transferred from Middletown Lions)*



We Serve



# The Lions Pride We Serve



## And, We Say Goodbye To Those No Longer With Us



**Mamakating:** *Pat Frasca,  
Charles Gutekunst*  
**New Paltz:** *Frances McGinnis*

## Congratulations to the Following Members Who Have Been



### Recognized Recently

**Kingston:** Congratulations to *Bob Gruberg's* daughter, Margie Rovereto on becoming the new CEO of Ulster Savings Bank.

**Middletown:** *Joseph Bertholf* celebrated 20 years of Lionism on September 6<sup>th</sup>

**Rhinebeck:** *DG Joyce Maier* was named Vice Council Chair for this year's Council of Governors.

## The Leo's Paw



### By the Leo Clubs of District 20-O

The **Greenwood Lake Leos Club** is sponsored by our parent organization, the **Greenwood Lake Lions Club**. Our Leo Club keeps the tradition of Lionism going from generation to generation. One of our members, **Peter Anderson**, is the grandson of the late **Ed Umberto**, a member of the **Greenwood Lake Lions Club** from 1964-1982.

The Leo Club Program objective is "To provide the youth of the world with an opportunity for development and contribution, individually and collectively, as responsible members of the local, national

and international community." The **Greenwood Lake Leo Club** participates in many community service projects. The Leo Club has members from the Middle School and High School. Middle School members meet at the Middle School and the High School members and all members will meet at the Greenwood Lake Library on the first Thursday of each month at 6:30. Members are asked to make as many meetings as possible and to please make mandatory meetings. All Leos must attend to register, set up committees and to vote for officers. Officer positions in the Leo Club are as follows: One President (High School student), Two Vice Presidents (one High School and one Middle School), Two Secretaries (one High School and one Middle School) and One Treasurer. The secretaries will have an email network of all members and will mail out the minutes of meetings and other information on a timely basis. The secretaries will also have a list of all the member phone numbers and will call all members when a meeting is to be cancelled.

The clubs' tentative projects are: October 16-November 10: Food Drive at the Middle and High School; November - Clothing and Coat Drive; December - Blood Drive, Nursing Home Visit with Chorus and Band; February - Valentine's Day Dance; March-April - Spring Food Drive.

**Jeffersonville Leo Club** members, **Andrea Wagner**, **Adam Nebzydoski** and **Joseph Layman** were awarded with



scholarships from the **Jeffersonville Lions**.



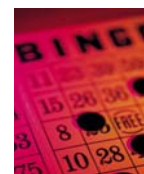
## The Lioness Column

### By the Lioness Clubs of District 20-O

The **Lioness Club of Catskill** invited the **Catskill Lions Club** to join them at its June meeting. **Hildy Meissner**, Great Mountain Region Zone 2 Chair, and her husband **Hans** honored us by being our special guests. She installed our new officers for 2006-2007. **Patricia Schwenk**, President; Vice President **Peggy Pieruzzi**, Secretary **Veronika Marquait** and Treasurer **Mamie Van Valkenburgh**. The Lions officers are **Michael Lupoli** President; **Charles Langdon**, Vice President, **Rose Blois** Secretary, **Aura Vega** Treasurer. It is always a pleasure to have a joint meeting and we usually do this once a year.

The Lioness Club had another successful Chocolate Bunny fund raiser. The addition of the white chocolate will mean increased sales in the future. We will make decisions on our charities at our September and October meetings. We support many local causes as well as Lions supported causes. We are always available to assist local individuals who need vision and hearing assistance as well.

One of our most appreciated activities is assisting at Bingo each month at a local Long term care facility. The residents really enjoy winning prizes and need a helping hand to do so.



At Holiday



We Serve



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time we provide a variety of gaily wrapped choices as well as contributing to their Activities fund.

We recently welcomed back two past active members, **Claudette DuBois** and **Sandy Fandozzi** and a new member

**Trish Lamb.**



The **Ellenville Lioness** latest attempt to getting new members is having a picnic and inviting non members to a free luncheon.

We are working on our main fundraiser of the year - this is a Penny Social and Raffle to be held on November 4<sup>th</sup>.

We regret the sad news; **Frank Garcia** passed away suddenly. **Frank** is a past Lion; and Husband of **Audrey Doris Wardynski** is now in a Nursing home in Wingate at Ulster. **Doris** is one of charter members and will be missed at the meetings by all. **Doris** was a very dedicated member and was always there to lend a hand.

**Mable Garitte** is doing better after her stay in Albany Hospital; **Mable** is a very dedicated member and is looking forward to getting out and about.

Enjoy the Fall, and stay well.

**Mamakating Lioness** members mourn the loss of our beloved member, **Patrick Frasca** who died on August 29, 2006. **Pat** joined the Lioness in 1990 and served as First VP from 1994-1996, as President from 1996-1998, Acting Secretary in 1999 and our liaison to the **Mamakating Lions Club** since 1990. His youthful energy and wonderful sense of humor were contagious. We have fond memories of the fun we had during our fund-raising and

service projects together. We'll miss you, **Pat**.

The **Mamakating Lioness** and the **Mamakating Lions** together purchased two hearing aides for a Mamakating senior citizen.

During the past two years, the **Mamakating Lioness** have helped the Westbrookville Fire Dept. recover from flood damage.

Money raised from bake sales, a pancake breakfast, and community donations went towards restoration and replacement of equipment damaged in the flood. The latest donation helped the department members to construct a new kitchen. The Lioness members voted to donate an additional \$500 to bring the total donated to \$4100. Lioness President, **Rosalie Frasca**, accompanied by **Lioness Joann Mac Kinnon** and **Lioness Marion Steiger** presented the check to **Tom Goellner**, Director of the Westbrookville Fire Dept. and **Dawn Vitiello**, President of the Auxiliary during a dedication of the new kitchen on August 21<sup>st</sup> at the fire dept.

*Lioness Joann MacKinnonm, Tom*



*Goellner, Director, Warren Bloom, 2<sup>nd</sup> Asst Chief, Lioness President Rosalie Frasca presenting the check, Lioness Marion Steiger.*

**Mamakating Lioness Club** is looking forward to their 20<sup>th</sup>

Annual Collectibles and Crafts Show/Bake Sale on Saturday, October 7<sup>th</sup> from 10 am to 5 pm at Canal Towne Emporium located at the Back Door Marketplace at Sullivan and Hudson Streets in Wurstboro, NY. Rain date is Sunday, October 8<sup>th</sup>. Coffee, rolls, hot dogs, etc. will be available for refreshments.

## *Comings & Goings Around The District By The Secretaries of District 20-O As Provided in the Monthly Activity Reports*

**Amenia Lions** signature project held their dedication ceremony on August 20<sup>th</sup> at the Beekman Park. The project will bring public awareness to the Lions contributions to the community.

**Bethel Lions** have been trying to stay dry as they continue to stay in touch with the community. In June, the club shared an evening with the **Town of Highland Lions** and held their installations; both clubs held 50/50's and raffles - the raffles gave off beautiful gifts and the 50/50's brought in a nice amount of cash that both clubs used to help families in each community that were in need. In July, the club held their 39<sup>th</sup> Annual Chicken Bar-B-Q and served over 300 people. The club is quietly preparing for their upcoming events.

**Grenwood Lake Lions** donated \$50 to the Arthur Finnegan American Legion Post ad journal and \$100 to District 20-O for the District Newsletter (see ad on page 12).

**Jeffersonville Lions** awarded 3 scholarships to graduating

seniors of the **Jeffersonville Leo Club**. The club held

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two fundraisers during the summer, a horse show at Stone Wall Farms; and a golf tournament at Swan Lake Golf and Country Club. Both events were successful fundraisers. Some club members were active in community activities: **Jim Dorfman** helped the Jeffersonville Library Book Sale; **Jack Costello** was active in the Jeffersonville Renaissance projects - their project at the Jeff campus of Sullivan West C.S.D. was awarded a prize at the recent Renaissance ceremony. The club will begin meeting again in September.

**Kerhonkson Lions** met with the **Ellenville Lioness Club** to explore how each could help each other with projects and fundraisers.

A group of the Lions weeded and planted the landscape plot at the local grammar school prior to school opening. Monthly meetings will begin in September with their priority to plan for the club's 60<sup>th</sup> Anniversary in November.

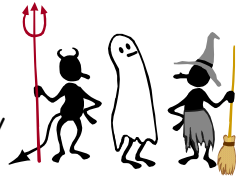
**Kingston Lions** donated \$1,000 as a Gold Level Sponsor for the Juvenile Diabetes Walk in September.

**Lumberland Lions** Annual Charter Night, their 25<sup>th</sup>, will take place on September 23<sup>rd</sup> at the Eldred Preserve. The club's 21 Club will award prizes at the Charter Night. A toy drive for the Port Jervis Elks Club will be held in November. Plans are underway for a joint holiday party with two other Sullivan County clubs in December. The blood drive in August brought in 23 pints. The club donated \$250 to the PJ Elks Annual Children Clothing Shopping for area needy elementary children.

**Marlboro-Milton Lions** held their annual clam bake in August and a senior citizens picnic as well.

**Middletown Lions** are pleased with their summer fundraisers - the car show netted more than \$2,700 which will be split with **Greenville Waywayanda**; nearly \$4,100 from the Lunch with the Lions and the Fair Booth Project shows a preliminary of \$4,700 raised. Donations for the month went to the Juvenile Diabetes Foundation, American Diabetes Association, Sarah Wells Girl Scout Council, Mulberry House Senior Center, the USO, the MD-20 Disaster Relief Committee.

The club is looking into participating with other service clubs in a Halloween Parade.



**Millbrook Lions** were involved with Community Day in early September.

**Millerton Lions** participated with Community Day in August and a Maple Syrup fundraiser in August.

**Monroe Lions** hosted a dinner cruise on the Hudson River. The club will be present at the Monroe Cheese Festival and will distribute a Lions informational brochure and will have items for sale.

**New Paltz Lions** have vowed to search the populace for additional members and volunteer "Lion friends" to fulfill its obligations as Lions, and a service club in the New Paltz Community.

**Northern Columbia Lions** are participating in Valatie's 150<sup>th</sup> Anniversary Celebration in September by being in one of the parades and setting up a

table to sell raffle tickets as well as pass out brochures and membership info. The club's annual picnic was a success.

**Pine Bush Lions** participated in the Harvest Festival with a wheel barrel of Cheer raffle.

**Pine Plains Lions** awarded 4 scholarships in memory of former Lions **Dr. Walter W. Wicks, Dr. Vincent Russo, Thomas Foster and William Fletcher**. The Annual Fishing for Sight Bass Tournament raised over \$2,100 for sight projects. The club will participate in the AG Fair Parade on October 7<sup>th</sup>; the Parade of Lights will take place on November 12<sup>th</sup>.

**Tri Valley Lions** had a clean-up night at the soda booth at the Grahamsville Fair after having a successful fundraiser at the fair, the Youth Sportsman Day and the Neversink Rondout Antique Machinery Show at the Fairgrounds. The club held a rabies clinic in mid-September at the fairgrounds.

## *Upcoming Fund Raising Events Around The District*

**Amenia Lions** are busy selling 300 Club tickets which is one of their main fundraisers.

**Greenwood Lake Lions** are considering a fundraiser based on an "American Idol." The club's Annual Fall Festival Dinner/ Dance will be on November 11<sup>th</sup> at the American Legion at a cost of \$20 per person.

**Hyde Park Lions** will hold their annual White Cane Drive on October 12-14 at various locations in Hyde Park.

**Middletown Lions** will help with the Crop Walk on October 22<sup>nd</sup> at

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Fancher Davidge.

**Northern Columbia Lions** will be distributing tickets for their Fall Raffle with the drawing to be held on November 20<sup>th</sup>. Some of the prizes are a Vermont getaway, a carved angel and carved sheep, and tickets to an RPI hockey game.

**Port Jervis Lions** will participate with a food booth at the Fall Festival in downtown Port Jervis on Sept. 24<sup>th</sup>.



**Stanford Lions** continue selling chances for their Wood Raffle and gift certificates thru September 30<sup>th</sup>; a Birthday/ Anniversary Calendar sale now thru October 2<sup>nd</sup>; and will have refreshments available at Frankenstein's Fortress from October 1-30 at the Stanford Town Highway Barn.

**Tri-Valley Lions** will have their soda booth on October 7<sup>th</sup> at the Giant Pumpkin Party.

**Town of Walkill Mid-Orange Lions** continue work on their annual Yankee Candle Fundraiser.

**Thank You**



**To All The Members of My Cabinet,**

Starting with my VDG and all the way down to all the Lions that worked on my cabinet, I say to you now THANK YOU for

making my year such a SUCCESS! My year could have never been what it was if not for all of you.

You say it, and you did it..."We Serve".

Thank you again,  
**IPDG Frank and Lion Anne**

**Districts E2, Y1, Y2, W and O**

**Joint MERL Workshop  
Saturday, September 30,  
2006  
10 am - 3 pm**

**Registration Begins at 9:30 am  
Lunch will be provided  
FREE to all attendees!**

**Empire Speech and Hearing  
Clinic Camp Badger  
725 LaRue Road  
Spencer, NY 14883  
607-589-4050**

**MD-20 MERL Team Members  
(Membership, Extension,  
Retention, and Leadership)  
Are coming to town to show us  
how to grow our clubs!!!**

**Interactive! Hands-On!  
Brainstorming!**

**Everyone will receive a free  
gift for attending! And you will  
leave with ideas that can be  
put to use immediately!  
Whos' Invited?  
All District MERL Team  
Members  
Club Membership Chairs  
ALL Lions**

**Please contact VDG John Capen  
845-564-0654 to reserve your  
seat - space is limited**

**The  
PDG's  
Speak**

**This Month:  
A New Lion Year  
By PDG Kirk  
VanSwearingen**

As we enter our beginning of fall on September 23, it's time to reflect on your previous Lion's year. New officers have taken charge of your club and it time to make up your club's budgets. Lots of questions will arise during your club's year. New officers will ask last years past president for help. The make up of your community has change from previous year. What are the needs of your area that is the make up of why we have a Lions Club. The school district has mailed out the tax bill for the year. Wow, there is a lot more going on here than we thought of.

It is smart to do a budget for the year. Go back and look at what last year's previous giving and plan a goal or paper budget on what is the spending will be for the year. I bet it's pretty close to last year's monies spent. Also plan for the unexpected bill or new project that you will be asked to give to. It's time to reflect on your fundraising efforts. Do you keep going with an unsuccessful project or end it? If it's successful, how do we make it better for the health of the club and community?

You're a new officer and you have lots of questions. It's good that you have questions and today I still have similar questions as a Past District Governor. I always

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say "Ask Up". Go to the previous officer and ask them how to do that task. If that doesn't work, go to your district Zone Chairperson. **DG Joyce Maier** has her directory out now and you should be able to reference who that Lion is. If you don't have access to that book, you can go to [www.20-olions.com](http://www.20-olions.com) if you have Internet access. That website will open many links out there that you may not have been aware of. The last line of defense is contacting our **DG Joyce Maier**. I would suggest that if it's a simple question for her, save it for her visit to your club. You will have her ear at that meeting when she is there.

Membership is an ongoing process and always should be in the forefront of your existence. Please plan to have a membership meeting at one of your meetings during the year. I would strongly suggest that it is held in the 2006 calendar year. That way the new member has time to adapt to how your club is run. Get to know who officers are and also your members. If you do not, have a new member training session planned for your new members? Any of the Past District Governors would be happy to come to your club to conduct one. Better yet, you should ask your Zone Chair to have one in your zone area. That way a new member gets to meet its district officers.

As Lions we should ask our community leaders what are the needs in your area this year? What can we as Lions do to help? Do a shared project with other organizations in your area. Find out if your library needs monies for 'Books on Tape' for their lending programs. Conduct a

seminar on eye health. It's OK to borrow a successful project from another club or organization. What I'm saying here is to open our minds to explore new options for the club and towns where we live. A healthy club is a successful club.

## Membership

By **PDG Ed Budd**

Welcome all to the fall season - crisp air, cooler nights, near apple harvest, new Lions (now how did that get in here?). Well, since we're on the subject, I'd like to share a little background, a few stats, some ideas, a question - and an offer.

Membership (new members) is a critical element of any successful organization. As with most living organisms if we do not grow new shoots eventually we wither. The difference is that we have the choice to regenerate, to expand. The question is; are we interested enough and committed enough to solicit those needed active, quality new Lions? Each club has a membership chair and,



hopefully, an active membership committee. The offer is; as district membership chair I am interested and committed enough in the welfare of our clubs to visit, at your convenience, and share some ideas on the subject that have proven successful - that are guaranteed to increase membership, club activity and retention. Contact me - give me the opportunity to stand behind the offer, 845-343-5837 or [ebudd@hvc.rr.com](mailto:ebudd@hvc.rr.com). Club membership chairs (and all interested Lions): past issues of the DG newsletter, including several of the ideas mentioned,

are available at [www.20olions.com](http://www.20olions.com). Please access and review the suggestions; however the offer to visit remains paramount. Please contact me - I'm looking forward to sharing and exchanging ideas with you.

The stats: for the last quarter of the "05-06" Lions year the district achieved a +1 in total membership - a notable accomplishment in light of the fact that this is traditionally the most difficult time span to offset the loss of some of our Lions. The latest monthly figure, July 06, shows a gain of 13 members (good) and a loss of 30 members (bad) - a net loss of 17. I will re-iterate; application of some proven methods will reverse that trend!! Please be in touch. Thanks for your attention.

## Sight First II

Millions of people throughout the world have had their lives darkened by cataracts, suffer from low-vision and are threatened by glaucoma and diabetic retinopathy. Others are threatened by diseases like trachoma and river blindness.

In 1989, Lions launched Sight First to battle preventable blindness. Lions restored sight to 5 million with low-cost cataract surgeries, provided 70 million treatments for river blindness, built or expanded 207 eye hospitals/clinics, upgraded 314 eye centers with modern equipment and provided training and education for 300,000 ophthalmologists, ophthalmic nurses and other professional eye-care and health workers.

Sight First II will enable Lions to expand the work of Sight First. The goal is to raise at least US \$150



We Serve



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million to continue to prevent blindness and restore sight. District Chairman PDG Wilfred Roehle has a team of coordinators, primarily Zone Chairmen, who will be working with the clubs for the purpose of educating the members and working with the clubs.

I would suggest that the Immediate Past President of each Lions Club be appointed to serve as Sight First II Chairman for the club unless the position has already been appointed to another Lion.

## CAMPAIGN SIGHT FIRST II Is Your Club Among The Counted??

To date, the following clubs have currently contributed to Campaign SightFirst II from our District. Is your club listed???

Help us to start our first major year of fundraising on a good beginning:

Hyde Park	\$5,000
LaGrange (Model Club)	
Pledge of \$15,000	
(payments \$4478.68)	
Middletown	\$500
Nine Partners	
	\$2,000
Pleasant Valley	\$5,000
The Town of Dover	
	\$1,000

My Club Here \$ \_\_\_ ?

For Info, contact PDG Wilfred Roehle, District Coordinator

(the above info was reported via newsletters or Zone Reports)

### Diabetes Awareness Living with Type 1 Diabetes

#### Tips for Better Eyes and a Better You

One of the most dangerous effects of diabetes is retinopathy, a condition in which the arteries in the retina become weakened or leak, causing small hemorrhages that lead to vision loss. Fortunately, there are steps you can take to decrease the risk of developing retinopathy. \*Keep your blood sugar levels under control. In the Diabetes Control and Complications Trial, people on standard diabetes treatment developed retinopathy four times as often as people who kept their blood sugar levels close to normal. In people who already had retinopathy, the condition progressed in the group with normal glucose levels only half as often.

\*Maintain blood pressure at recommended levels. High blood pressure can make eye problems worse.

\*Quit smoking.

\*See your eye care professional at least once a year for a dilated eye exam. Having your regular doctor look at your eyes is not enough - only optometrists and ophthalmologists can detect and treat retinopathy.

*From the American Diabetes Assoc.*

**Lion Carole Lybolt**  
**District Diabetes Chair**

### MD 20 International Association of Lions Clubs Leadership Achievement Award

The President of the PDG's Organization will present one award to a recipient in each district of MD 20 each year at the MD 20 Lions Convention. Selection of the recipient will be made by a committee of PDG's of each district chaired by the PDG/Director of that District. The District Governor will be asked to serve as an ex-officio member of that committee.

The Candidate's Application/Nomination Form will be included in the October issue of the District 20-O Newsletter.

The criteria will also be outlined in the October Newsletter. All Lions in good standing are eligible, except the District Governor, all Past District Governors, all previous recipients, and all candidates for District Governor or Vice District Governor in the year of the award.

The Application will be required to be submitted to PCC John Wargo no later than Jan. 20, 2007.



# ***The Lions Pride We Serve***



## **District 20-O Convention Journal**

Ads are now being accepted for the District Convention Journal. This journal will help offset convention expenses.

Electronic copy of your ad is preferred.  
Email ad to: Lion Melanie Wargo  
mrswargo@yahoo.com

Ads may be taken by Clubs, Businesses, and/or individual Lions, Lioness and LEOs.

Send printed copy of ad and payment to:  
District 20-O Lions  
c/o Lion Dave Bechtle  
105 Lake Avenue  
Middletown, NY 10940

**Full Page / Cover**

**Deadline for ads:  
October 8th**

**Half Page**

**Quarter Page**

**Prices:**

<b>Covers</b>	<b>\$150</b>
<b>Full Page</b>	<b>\$ 80</b>
<b>Half Page</b>	<b>\$ 45</b>
<b>Quarter Page</b>	<b>\$ 25</b>
<b>Patron Listing</b>	<b>\$ 10</b>

# The Lions Pride We Serve



## District 20-0 Fall Conference Reservation/Delegate Form

Who: All Lions, Lioness and LEOs  
 What: District 20-0 Fall Conference  
 (Continental Breakfast, Buffet Luncheon, Informational Booths, Seminars  
 Key Note Speaker, Raffles, New Ideas, Fellowship, Friendship, FUN!)  
 Where: Best Western Hotel & Conference Center  
 Route 9, Poughkeepsie  
 When: Sunday, November 5, 2006  
 Time: 8:00 am - 3:00 pm  
 Attire: Lion/Lioness/LEO Uniform or Business Attire  
 Cost: \$37.50 per person all inclusive  
 \$32.50 per person early bird discount (received by 10/20/2006 - no exceptions)

Club Name: \_\_\_\_\_

Please list the club member(s) who will be attending this year's Fall Conference:  
(Please print legibly)

Voting Delegate

Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Name: _____	Phone#: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Total attending \_\_\_\_\_ x Registration fee \$ \_\_\_\_\_ = Amount Enclosed \$ \_\_\_\_\_

Make Check Payable to: District 20-0

Mail Registration Form and Payment To:

Lion Dina Zager, Cabinet Secretary PO Box 430 Port Ewen, NY 12466

Return by 10/20/2006 for early bird discount



# The Lions Pride We Serve



## Lions Club of Greenwood Lake, Inc.

P.O. Box 1466  
Greenwood Lake, N.Y.  
10923

Compliments of the Greenwood  
Lake Lions Club Members:

- |                   |                |
|-------------------|----------------|
| Lou Abel          | Agnes Kilduff  |
| Charlie Bobrowsky | George Kluwe   |
| Fred Bramich      | Jack Lardner   |
| Frank Chandler    | Bill Loucks    |
| Nancy DeAngelo    | Cathy Loucks   |
| Frank Gilbert     | Andy Maceda    |
| Eric Gjertsen     | Diana Mello    |
| Jim Graham        | John Moore     |
| George Gsegnet    | Danny Murphy   |
| Mike Hannouse     | Lewis Perry    |
| Gus Hartig        | Bruce Rohner   |
| Mike Heister      | Dn Santarpia   |
| John Heslin       | Al Sozio       |
| Bill Hurley       | Jack Space     |
| Curt Hyers        | George Wettlin |
| Arnett Jones      | Steve Wheat    |
| Helen Kelly       | Marti Yannitty |
| Bob Keidaisch     | Sam Yuppa      |



## Tid-Bits from Your Newsletter Editor

Please make the following  
changes in your Directory:  
20-S Vice District Governor -  
replace Roseann Hansen with  
Frank A. Arena, 290 Marilyn Ct,  
East Islip, NY 11730-3315  
631-581-7966 (h); 631-893-  
7980 (w) [Faa29@aol.com](mailto:Faa29@aol.com)  
John Holmberg, Secretary  
Greenville Wawayanda - zip code  
is 12771

### SAVE THE DATE

**District 20-0  
Convention  
Sunday November 5,  
2006  
Best Western  
Conference Center  
Poughkeepsie, NY**

## Who's Who In District 20-O

**DG Joyce Maier (Lion David)**

845-876-6390  
[lionjmaier@frontiernet.net](mailto:lionjmaier@frontiernet.net)

**IPDG Frank Bartolotti  
(Lion Anne)**

845-677-6064  
[franksr1@optonline.net](mailto:franksr1@optonline.net)

**VDG Rev. John E. Capen  
(Lion Beatrice)**

845-564-0654  
[johnecapen@aol.com](mailto:johnecapen@aol.com)

**Sight Chair Melanie Wargo  
(PCC John)**

845-473-2807  
[mrswargo@yahoo.com](mailto:mrswargo@yahoo.com)

**Hearing Chair Brenda Blair  
(PDG Ted)**

845-856-1638  
Fax: 845-858-9231

**Cabinet Treasurer Bruce B.  
Rohner (Cathy)**

845-477-2725  
[bcrohner@verizon.net](mailto:bcrohner@verizon.net)

**Cabinet Secretary Dina Zager  
(PDG Ted)**

845-339-1738  
[zagerd@aol.com](mailto:zagerd@aol.com)

Lion Dina Zager, Editor  
District 20-O Newsletter  
PO Box 430  
Port Ewen, NY 12466

